

I hereby acknowledging consent to proceed with the performance of a comprehensive body composition test using a DEXA scan machine. I understand the composition test may be used to determine my total body composition, which includes percent, and distribution of bodyfat and lean mass. I also understand that no medical advice will be given following my test, and any results that are provided do not constitute medical advice. If State or local regulations require, I represent that a licensed practitioner of the healing arts has been consulted and has approved your request for testing. I understand this test will be used to give me information that is more accurate than BMI (body mass index).

I consent to the performance of this test on me so that I can understand either my baseline body composition or follow up on a previous body composition test in order to implement or continue my medically supervised plan to improve my overall fitness level and/or health.

I accept any and all risks associated with the performance of this DEXA scan, and agree to indemnify and hold harmless Better faster, PLLC, and its officers, directors, agents and employees from and against any claims, damages, losses, and expenses, resulting from the performance of this test.

DEXA scans pose a risk of potential minor levels of exposure to radiation, although it uses a very low dose that is comparable to the background radiation absorbed throughout the normal day of an individual. DEXA scans are considered very safe but are not recommended for pregnant women.

As a female patient, consenting to this procedure also reflects a confirmation of no current pregnancy.

As a patient, consenting to this procedure also reflects a confirmation of no recent barium exams, or injections of contrast materials for any radioisotope scans.